

**SES's L. S. RAHEJA COLLEGE OF ARTS AND COMMERCE
(AUTONOMOUS)**



**Board of Studies:
Psychology**

Composition of Board of Studies - Psychology (BOS) 2024-2025

Sr. No	Capacity in BOS	Name & Affiliation	Designation
1	Chairperson	Ms. Neha Dalal, L. S. Raheja College of Arts and Commerce	Sr Person Department of Psychology, Asst professor
2	Member Secretary	Ms. Shivani Chande, L. S. Raheja College of Arts and Commerce	Asst professor, Department of Psychology
3	Member	Mr. Akshat Mehta, L. S. Raheja College of Arts and Commerce	Asst professor, Department of Psychology
4	Vice Chancellor Nominee	Dr. Kranti Gawli, Bhavan's College	Vice Principal, Associate Professor
5	Expert from outside parent university	Dr. Cicilia Chettiar, Maniben Nanavati Women's College, SNDT	Head Department of Psychology, Associate professor
6	Expert from outside parent university	Dr. Ninad Patwardhan, Vidya Shilp University, Bangluru.	Assistant Professor
7	Representative from Industry nominated by the Principal	Dr. Avinash De Sousa, Founder DeSousa Foundation	Psychiatrist
8	Representative from Industry nominated by the Principal	Ms. Swati Khanolkar, In Vivo Counselling Centre for REBT	Psychologist
9	One member of the College alumni, nominated by the principal.	Ms. Palak Thakkar, Task Us India Pvt. Ltd.	Psychologist
10	Experts from outside the Autonomous College.	Dr. Lakshmi Bandlamudi, La Guardia Community College, City University Of New York.	Professor



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SADHANA EDUCATION SOCIETY'S
(Registered under society's act of 1860 & Bombay Public Trust Act 1950)
Linguistic (Gujarati) Minority

L. S. RAHEJA COLLEGE OF ARTS & COMMERCE

Estd : 1980

NAAC ACCREDITED B++ (3rd Cycle)

Relief Road, Santacruz (W), Mumbai - 400 054, Email: registrar@lsraheja.org
Tel.: 2660 9320 / 2661 4101, Website : www.lsraheja.org

Ref.No.LSRC/CDC/Meeting/24-25/216

DATE 22/04/2024

BOARD OF STUDIES-PSYCHOLOGY MEETING

Meeting Notice

The BoS of Psychology will be held at 2 p.m. on Friday 26/04/2024 in the Psychology laboratory. The members of the Committee are requested to attend the meeting. Members who are outstation and those who cannot attend in person can join online on the Microsoft Teams platform. Link will be send a day prior to the members.

(Ms. Neha Dalal)
Chairperson, BoS Psychology

AGENDA

1. To introduce members of the BoS
2. Presentation and discussion on nomenclatures and syllabi of FYBA 2024-25 under NEP 2020.
3. Any other business with the permission of the Chair.



BOS Psychology meeting- attendance

Date: 26/4/24

Sr. No	Capacity in BOS	Name and Designation	Signature
1	Chairperson	Ms. Neha Dalal, Sr Person Department of Psychology, Asst professor, L. S. Raheja College of Arts and Commerce	
2	Member Secretary	Ms. Shivani Chande, Asst professor, Department of Psychology, L. S. Raheja College of Arts and Commerce	
3	Member	Mr. Akshat Mehta, Asst professor, Department of Psychology, L. S. Raheja College of Arts and Commerce	
4	Vice Chancellor Nominee	Dr. Kranti Gawali, Vice Principal, Associate Professor, Bhavan's College	Online
5	Expert from outside parent university	Dr. Cicilia Chettiar, Head Department of Psychology, Associate professor, Maniben Nanavati Women's College, SNDT	Online
6	Expert from outside parent university	Dr. Ninad Patwardhan, Assistant Professor, Vidya Shilp University, Bangluru.	Online
7	Representative from Industry nominated by the Principal	Dr. Avinash De Sousa, Psychiatrist, Founder DeSousa Foundation	Absent Online
8	Representative from Industry nominated by the Principal	Ms. Swati Khanolkar, Psychologist, In Vivo Counselling Centre for REBT	Online
9	One member of the College alumni, nominated by the Principal.	Ms. Palak Thakkar, Psychologist Task Us India Pvt. Ltd.	Online
10	Experts from outside the Autonomous College.	Dr. Lakshmi Bandlamudi, Professor, La Guardia Community College, City University Of New York.	Absent

1. Summary

Meeting title	Meeting of the Board of Studies of Psychology Department
Attended participants	7
Start time	26/04/24, 01:50:56 PM
End time	26/04/24, 03:54:40 PM
Meeting duration	1h 47m 27s
Average attendance time	1h 47m 27s

2. Participants

Name	First Join	Last Leave	In-Meeting Duration	Email	Participant ID (UPN)	Role
Neha Dalal	26/04/24, 01:50:56 PM	26/04/24, 04:00:17 PM	1h 47m 27s	neha.dalal@lsraheja.org	neha.dalal@lsraheja.onmicrosoft.com	Organizer
Akshat Mehta	26/04/24, 01:50:56 PM	26/04/24, 04:00:17 PM	1h 45m 20s	akshat.mehta@lsraheja.org	akshat.mehta@lsraheja.onmicrosoft.com	Presenter
Shivani Chande	26/04/24, 01:52:43 PM	26/04/24, 04:00:17 PM	1h 45m 20s	shivani.chande@lsraheja.org	shivani.chande@lsraheja.onmicrosoft.com	Presenter
Kranti Gawli (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:45:56 PM	1h 43m 20s	kranti.gawali@bhavans.ac.in		Presenter
Cecilia Chettiar (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:45:25 PM	1h 43m 20s	cicilia.chettiar@mnwc.edu.in		Presenter
Ninad Patwardhan (Guest)	26/04/24, 02:01:43 PM	26/04/24, 03:45:24 PM	1h 43m 34s	ninad.p@vidyashilp.edu.in		Presenter
Swati Khanolkar (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:15:24 PM	1h 15m 38s	invivo.edu@gmail.com		Presenter
Palak Thakkar (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:45:24 PM	1h 43m 20s	palakpthakkar@gmail.com		Presenter

3. In-Meeting Activities

Name	First Join	Last Leave	Duration	Email	Role
Neha Dalal	26/04/24, 01:50:56 PM	26/04/24, 04:00:17 PM	1h 47m 27s	neha.dalal@lsraheja.onmicrosoft.com	Organizer
Akshat Mehta	26/04/24, 01:50:56 PM	26/04/24, 04:00:17 PM	1h 45m 20s	akshat.mehta@lsraheja.onmicrosoft.com	Presenter

Shivani Chande	26/04/24, 01:52:43 PM	26/04/24, 04:00:17 PM	1h 45m 20s	shivani.chande@lsraheja.on microsoft.com	Presenter
Kranti Gawli (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:45:56 PM	1h 43m 20s	kranti.gawali@bhavans.ac.i n	Presenter
Cecilia Chettiar (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:45:25 PM	1h 43m 20s	cicilia.chettiar@mnwc.edu.i n	Presenter
Ninad Patwardhan (Guest)	26/04/24, 02:01:43 PM	26/04/24, 03:45:24 PM	1h 43m 34s	ninad.p@vidyashilp.edu.in	Presenter
Swati Khanolkar (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:15:24 PM	1h 15m 38s	invivo.edu@gmail.com	Presenter
Palak Thakkar (Unverified)	26/04/24, 02:01:43 PM	26/04/24, 03:45:24 PM	1h 43m 20s	palakpthakkar@gmail.com	Presenter



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Minutes of the Meeting

Board of Studies in Psychology

Meeting Date: April 26, 2024

Meeting time: 2:00pm

Mode: Microsoft Teams

Meeting Duration: 1 hour 41 minutes

Attendees:

1. Ms. Neha Dalal - Chairperson, BoS Psychology, L.S. Raheja College of Arts and Commerce
2. Dr. Kranti Gawali – Bhavans College
3. Dr. Cecilia Chettiar - Maniben Nanavati Women's College
4. Dr. Ninad Patwardhan - School of Liberal Arts and Design Studies VidyaShilp University,
5. Ms. Swati Khanolkar – In Vivo Counseling centre
6. Ms. Palak Thakkar - Task Us India Pvt. Ltd.
7. Ms. Shivani Chande- Member Secretary, BoS Psychology, L.S. Raheja College of Arts and Commerce
8. Mr. Akshat Mehta - L.S. Raheja College of Arts and Commerce

Members Absent:

1. Dr. Avinash Desousa – Desousa Foundation
2. Dr. Lakshmi Bandlamudi - La Guardia Community College, City University Of New York

Agenda:

1. Introduction of Board of Studies members.
2. Discussion on the structure and syllabus of the undergraduate program.
3. Review of nomenclature and syllabus of the postgraduate program.
4. Resolution for a new course on M.A. in Psychology with Clinical Specialization.

Meeting Summary:

- Ms. Neha Dalal the Chairperson, welcomed everyone to the first meeting of the Board of Studies Psychology, highlighting the college's autonomous status and the formation of the Board of Studies.
- Members were introduced, including experts like Dr. Kranti Gawli, Dr. Cecilia Chettiar, Dr. Ninad Patwardhan, Ms. Swati Khanolkar, Ms. Palak Thakkar and internal members of the department, Ms. Shivani Chande -the Member Secretary of the BOS and Mr. Akshat Mehta.

Neha

- The agenda included a review of the undergraduate program and Masters program structure in preparation for the New Education Policy implementation.
- Ms. Neha Dalal first presented the undergraduate structure followed by the syllabus of the following courses from the first year:

1. Foundations of Psychology
2. Body Language: Key to Professional Success
3. Experimental Psychology
4. Psychological Thought in Indian Knowledge System
5. Psychological First Aid
6. Introduction to Psychology

- Discussion regarding the nomenclatures and syllabi of the courses took place.
- It was suggested by the members to change the nomenclature of the course “Experimental Psychology” to “Behavioural Research Methods” in order to fit the course content better. This change was incorporated.
- Certain additions and changes in the sub-topics of the syllabus were suggested by the members. These changes were also incorporated
- Next Ms. Neha Dalal presented the structure of the Masters program along with the nomenclatures and the syllabus of the following courses from Semester I and Semester II:

1. Theories of Personality
2. Multiculturalism: Theory and Practice
3. Psychological Assessment
4. Practical in Cognitive Process
5. Evolutionary Psychology
6. Research Methods for Behavioural Sciences
7. Applied Social Psychology
8. Clinical Neuropsychology
9. Applied Statistical methods
10. Qualitative Research Techniques
11. Positive Psychology

- Members suggested changing the nomenclature and syllabus of “Psychological Assessment” in order to provide students a more advanced knowledge of the topic. The new nomenclature was suggested as “Application of Psychometrics”. The required change was made and nomenclature changed.
- Changes in the syllabus were discussed, like addition of new approaches in Trait theories, and changing certain modules in the course of “Theories of Personality”. These changes were
- The members also gave suggestions on certain changes in the subtopics of the modules in the Masters syllabi.

- After each of the courses were discussed in detail, discussion was held regarding the assessment rubrics for evaluation of external and internal continuous assessment.
- Ms. Neha Dalal expressed gratitude to all the members of the Board of Studies for the valuable input and suggested further discussion via email.
- The changes suggested by the board, were incorporated, and the revised drafts were sent to all the members.
- Ms. Shivani Chande was assigned to circulate the meeting minutes
- All members were requested to send their approval on the nomenclature and syllabus via email.
- All members then sent their approval. Hence all the syllabi and nomenclature were approved by the BoS unanimously.

Action Taken Report:

- Shivani Chande to circulate the meeting minutes for review and signature collection.
- All members approved the minutes of the meeting.

Neha

Ms. Neha Dalal

Chairperson, BoS Psychology

L. S. Raheja College of Arts and Commerce



LIST OF COURSES APPROVED BY BOS – PSYCHOLOGY

SR NO.	NOMENCLATURE	PROGRAMME	SEMESTER	VERTICAL	CREDITS
1	Fundamentals of Psychology	Bachelor of Arts	I	Major	4
2	Behavioral Research Methods	Bachelor of Arts	I	Major	2
3	Body language: Key to Professional Success	Bachelor of Arts	I	VSC	2
4	Introduction to Psychology	Bachelor of Arts	I	Minor	2
5	Introduction to Psychology	Bachelor of Arts in Multimedia and Mass Communication	I	Open Elective	2
6	Fundamentals of Psychology - II	Bachelor of Arts	II	Major	4
7	Psychological Thought in Indian Knowledge System	Bachelor of Arts	II	Major	2
8	Psychological First Aid	Bachelor of Arts	II	VSC	2
SR NO.	NOMENCLATURE	PROGRAMME	SEMESTER	VERTICAL	CREDITS
1	Theories of Personality	Master of Arts	I	Major	4
2	Multiculturalism: Theory and Practice	Master of Arts	I	Major	4
3	Application of Psychometrics	Master of Arts	I	Major	4
4	Practical in Cognitive Processes	Master of Arts	I	Major	2
5	Evolutionary Psychology	Master of Arts	I	Elective	4
6	Research Methodology for Behavioral Science	Master of Arts	I	Research Methodology	4
7	Applied Social Psychology	Master of Arts	II	Major	4
8	Clinical Neuropsychology	Master of Arts	II	Major	4
9	Applied Statistical Methods	Master of Arts	II	Major	4
10	Qualitative Research Techniques	Master of Arts	II	Major	2
11	Positive Psychology	Master of Arts	II	Elective	4



Shivani Chande <shivani.chande@lsraheja.org>

Syllabus for approval

6 messages

Neha Dalal <neha.dalal@lsraheja.org>
To: bos.psychology@lsraheja.org
Cc: "Ms. Kavita Makhija" <kavita.makhija@lsraheja.org>

Fri, Apr 26, 2024 at 10:25 PM

Respected BoS members,

As per the discussions of the experts during the first BoS meeting of Psychology, I have incorporated the changes suggested in the syllabus, references, and Nomenclature. I am sending the syllabus for your approval. I am also sending the syllabus and guidelines for Practical in Cognitive Processes in the M.A. program, first semester. As mentioned by Kavita Makhija Madam in the BoS group, one more syllabus for BAMMC students is also attached to this email.

I request you to kindly give your email confirmation and approval of the same by tomorrow afternoon.

regards,

Neha Dalal

Chairperson, BoS Psychology

18 attachments

-  **Body language syllabus_new.docx**
107K
-  **Behavioural Research methods - 2credits.docx**
106K
-  **Foundations of Psychology syllabus_.docx**
109K
-  **Introduction to Psychology Minor - 2credits.docx**
105K
-  **Psychological first aid syllabus_new.docx**
105K
-  **Psychology in Indian knowledge system - 2credits.docx**
108K
-  **Research Methodology for Behavioural Science.docx**
106K
-  **Practical in Cognitive process.docx**
105K
-  **Application of Psychometrics.docx**
106K
-  **Theories of Personality.docx**
105K
-  **Evolutionary Psychology.docx**
107K
-  **Multiculturalism Theory and Practice.docx**
105K
-  **Applied Social Psychology.docx**
106K
-  **Positive Psychology.docx**
105K

9/13/25, 11:39 AM

Sadhana Education Society L S Raheja College of Arts & Commerce Mail - Syllabus for approval

-  **Appied Statistical Methods.docx**
106K
-  **Qualitative research Techniques.docx**
105K
-  **Clinical Neuropsychology.docx**
106K
-  **BAMMC - Introduction to Psychology.docx**
106K

Ninad Patwardhan <ninad.p@vidyashilp.edu.in>
To: Neha Dalal <neha.dalal@lsraheja.org>
Cc: bos.psychology@lsraheja.org, "Ms. Kavita Makhija" <kavita.makhija@lsraheja.org>

Fri, Apr 26, 2024 at 10:55 PM

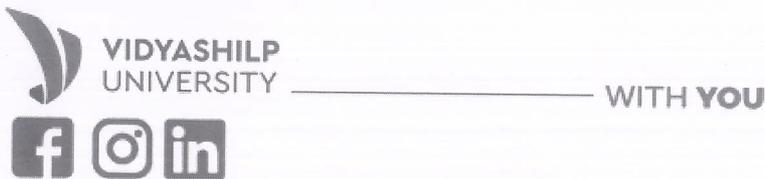
Approved.

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[Quoted text hidden]

To unsubscribe from this group and stop receiving emails from it, send an email to bos.psychology+unsubscribe@lsraheja.org.

—
Ninad Patwardhan, PhD
Assistant Professor
School of Liberal Arts and Design Studies
Vidyashilp University
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Palak Thakkar <palakpthakkar@gmail.com>
To: Ninad Patwardhan <ninad.p@vidyashilp.edu.in>
Cc: "Ms. Kavita Makhija" <kavita.makhija@lsraheja.org>, Neha Dalal <neha.dalal@lsraheja.org>, bos.psychology@lsraheja.org

Sat, Apr 27, 2024 at 11:39 AM

Approved.

Palak P Thakkar
Masters in Applied Psychology (Clinical), Mumbai University

[Quoted text hidden]

9/13/25, 11:39 AM

Sadhana Education Society L S Raheja College of Arts & Commerce Mail - Syllabus for approval

Kranti Gawali <kranti.gawali@bhavans.ac.in>

To: Palak Thakkar <palakpthakkar@gmail.com>

Cc: Ninad Patwardhan <ninad.p@vidyashilp.edu.in>, "Ms. Kavita Makhija" <kavita.makhija@lsraheja.org>, Neha Dalal <neha.dalal@lsraheja.org>, bos.psychology@lsraheja.org

Sat, Apr 27, 2024 at 2:15 PM

Approved.

Best wishes,

[Quoted text hidden]

Lakshmi Bandlamudi <lakbandlamudi@gmail.com>

To: Kranti Gawali <kranti.gawali@bhavans.ac.in>

Cc: "Ms. Kavita Makhija" <kavita.makhija@lsraheja.org>, Neha Dalal <neha.dalal@lsraheja.org>, Ninad Patwardhan <ninad.p@vidyashilp.edu.in>, Palak Thakkar <palakpthakkar@gmail.com>, bos.psychology@lsraheja.org

Sun, Apr 28, 2024 at 8:41 PM

Approved.

Dr. Lakshmi Bandlamudi
Professor of Psychology
City University of New York
140-15 Holly Ave #5E
Flushing, New York 11355
1 718 359 4538 (Home)
1 917 902 8867 (Cell)

[Quoted text hidden]

In Vivo Educational and Counseling services swati khanolkar <invivo.edu@gmail.com>

Mon, Apr 29, 2024 at 3:04 PM

To: Lakshmi Bandlamudi <lakbandlamudi@gmail.com>

Cc: Kranti Gawali <kranti.gawali@bhavans.ac.in>, "Ms. Kavita Makhija" <kavita.makhija@lsraheja.org>, Neha Dalal <neha.dalal@lsraheja.org>, Ninad Patwardhan <ninad.p@vidyashilp.edu.in>, Palak Thakkar <palakpthakkar@gmail.com>, bos.psychology@lsraheja.org

Approved.

Thank you,

Best Regards,



Swati Khanolkar

Associate Fellow & Supervisor

Albert Ellis Institute, New York

Director, In Vivo-Mumbai Centre

for REBT.

Co-founder, In Vivo-Centre for

SST

+91 9867186110

Tanvi Haria

Advanced level in REBT, Albert

Ellis Institute, New York

Psychotherapist, In Vivo-

Mumbai Centre for REBT

9/13/25, 11:39 AM

Sadhana Education Society L S Raheja College of Arts & Commerce Mail - Syllabus for approval

+91 9987705530

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