

**SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE
(AUTONOMOUS)**



BOARD OF STUDIES: AD HOC BOS – Co-curricular Courses
PROGRAMME: B.COM (COST AND MANAGEMENT ACCOUNTING)
SEMESTER: I
NOMENCLATURE OF THE COURSE: Dance Appreciation
NEP Vertical: Co – curricular courses
Credit: 2

(As Per Choice Based Credit System (under NEP 2020) with effect from the Academic Year 2025-26)



Programme:	B. Com (Cost & Management Accounting)
Nomenclature of the Course	Dance Appreciation
Total Marks	50
Semester:	I
Academic year	2025-2026

LEARNING OBJECTIVES:

- To understand the key components of:
- 8 Classical Dance forms and styles and Folk Dances of India
- To know the history of all dances
- To know the brief technique of them
- To get the knowledge of the costume and jewellery associated with them

COURSE OUTCOMES:

- 1) Students are made aware about the eight classical dance forms.
- 2) Students develop the skill of classical dancing through the knowledge gained through the movements of eyes, facial expressions and mudras associated with each dance form
- 3) Students get the lifelong learning skill.

Unit	Course Content	Andragogy	No of Lectures
I	<ul style="list-style-type: none"> • To understand Namashkriya shloka, Hastas • To learn the practical of Namaskar, • Head and Eye movement Exercises, Adavus 	Presentations, Case studies, Group Discussions	10
II	<ul style="list-style-type: none"> • Brief knowledge of Kathak, Teentaal, Ability to say the Theka in Ekgun, Dugun, Chaugun and execution of the same with feet • Hasta chalan, 2 kinds of Chakkars, walking /covering space following rythem, 2 simple Tihais, 2 simple Todas, 1 Kavitta, 1 long footwork, Ability to say all the above keeping time with hands, • Difinitions of Tatkar, Taali, Khaali, Matra, Sam, Vibhag, Toda • Maharashtra Folkdance: Origin, History and development of Marathi Folk Dance (Koli, Gauri, Kupari, Tarpa, Balya, Dhol, Kaipat, Gaj Nrutya etc • The Gods they worship • The food and ornaments / Traditional Costumes 	Presentations, Case studies, Group Discussions	10

SUGGESTED READINGS

1. Wikipedia contributors. "Bharatanatyam." Wikipedia, The Free Encyclopedia. Last modified date not provided. <https://en.wikipedia.org/wiki/Bharatanatyam>.
2. Pawar, Mrunal. "Bharatanatyam vs Kathak: Understanding the Differences and Similarities." Accessed April 29, 2024. <http://www.mrunalpawar.com/bharatanatyam-vs-kathak-understanding-the-differences-and-similarities/>.
3. Anjali, Vidya. "Namaskar - A Traditional way to start!" Online Bharatanatyam. Last

modified April 9, 2009. [<http://www.onlinebharatanatyam.com/namaskar/>]

(<http://www.onlinebharatanatyam.com/namaskar/>).

4. Naatyaanjali. "Samyuta Hastas." Last accessed April 29, 2024.

[<http://www.naatyaanjali.com/samyuta-hastas/>] (<http://www.naatyaanjali.com/samyutahastas/>).

5. "Kathak Nritya - Sanchari Kala Parishad." Last accessed April 29, 2024.

<http://sancharikalaparishad.org/kathak-nritya/>.

6. Kumari, Anupriya. "Kathak Lessons and Notes: First lesson of Kathak: TATKAAR (Tintal/Teentaal)." The Kathak Class Blog. Last modified August 9, 2016.

[<http://thekathakclass.blogspot.com/first-lesson-of-kathaktatkaar/>]

(<http://thekathakclass.blogspot.com/first-lesson-of-kathak-tatkaar/>).

7. iPassio. "Bharatanatyam Dance: Origin, History, Dress & Dancers." Accessed April 29,

2024. [[https://www.ipassio.com/blog/bharatanatyam-dance-origin-history-dress](https://www.ipassio.com/blog/bharatanatyam-dance-origin-history-dress-dancers/)

[dancers/](https://www.ipassio.com/blog/bharatanatyam-dance-origin-history-dress-dancers/)]([https://www.ipassio.com/blog/bharatanatyam-dance-origin-history-dress](https://www.ipassio.com/blog/bharatanatyam-dance-origin-history-dress-dancers/)

[dancers/](https://www.ipassio.com/blog/bharatanatyam-dance-origin-history-dress-dancers/)).

QUESTION PAPER PATTERN

Particulars	Weightage
Participation and Attendance	20 % / 10 Marks
Class Test/Assignments	40 % / 20 Marks
Presentation/Viva Voce	40% / 20 Marks