

**SES's L.S. RAHEJA COLLEGE OF ARTS
AND COMMERCE
(AUTONOMOUS)**



Syllabus of Theories of Personality under NEP 2020 vertical (Major) with effect from 2024-25

Department of Psychology

HoD/Sr. Person of the Department: Neha Dalal

Date of approval by the BoS: 27/04/2024

Approved by the Academic Council on: 29/04/2024

Ratified by the Governing Body on: 06/05/2024



Programme: Master of Arts			Semester: I		
Course: Theories of Personality			Code: PGMAIMJ124		
Academic Year: 2024-2025			Batch: 2024-2026		
Teaching Scheme			Evaluation Scheme		
Lectures	Practical	Tutorials	Credits	Internal Continuous Assessment (ICA) (weightage)	Term End Examinations (TEE) (weightage)
60	0	0	4	40	60
Particulars				Marks	
Class tests				20	
Projects				10	
Viva Voce				10	

Learning Objectives:	<ol style="list-style-type: none"> Demonstrate a comprehensive understanding of major personality theories Critically evaluate psychological perspectives on personality
Learning Outcomes:	<ol style="list-style-type: none"> Explain the foundational concepts of personality theories and various theoretical perspectives Analyse and apply theoretical perspectives of personality theories to understand different cases
Pedagogy:	<p>Interactive lectures PowerPoint presentations Observation and Analysis Case studies Experiential Learning Activities</p>

Module	Module Content	Module Wise Pedagogy Used	Module Wise Duration
I	<p>Introduction to Psychodynamic perspective</p> <ol style="list-style-type: none"> What is personality: Definition and concepts How personality is studied and assessed: Theoretical standpoints Psychoanalytic perspective: concepts, evaluation Neo Analytical perspectives: Adler, Jung, Horney, Eric Fromm, Erick Erickson 	<p>Interactive lectures PowerPoint presentations Observation and Analysis Case studies Experiential Learning Activities</p>	15
II	<p>Behaviouristic and Social Cognitive perspective</p> <ol style="list-style-type: none"> Behaviouristic perspective: Miller Dollard, Skinner Social Cognitive perspective: Bandura 	<p>Interactive lectures PowerPoint presentations Observation and Analysis</p>	15

		Case studies Experiential Learning Activities	
III	Humanistic Perspective and Existential <ol style="list-style-type: none"> a. Abraham Maslow b. Carl Rogers c. Existential theorists: Rollo May, Victor Frankl d. Positive aspects of personality 	Interactive lectures PowerPoint presentations Observation and Analysis Case studies Experiential Learning Activities	15
IV	Trait approach and other theories: <ol style="list-style-type: none"> a. Early trait approaches and Five-factor model of personality concepts, evaluation b. Newer Trait approaches Dark Triad and Light Triad c. Indian theories of personality; Chakra theory, Guna theory d. Somatic theories and Interpersonal theories 	Interactive lectures PowerPoint presentations Observation and Analysis Case studies Experiential Learning Activities	15

REFERENCE BOOKS

- Hall C. S., Lindzey. G & Campbell J. B. Theory of Personality, 4thEdn., John Wiley & Sons.
- Friedman H, Schustack M: Personality Classic Theories and Modern Research, 5thEdn, Pearson Education Pvt. Ltd. India, 2011.
- Susan Cloninger: Theries of Personality, 5thEdn., Pearson Education Pvt. Ltd. India, 2008.
- Olson M, Hergenhah B. R. Introduction to Theories of Personality, 8thEdn., Pearson Education Pvt. Ltd. India, 2010.
- Baron R. A. Psychology, 5thEdn, Pearson Education, 2002.

QUESTION PAPER PATTERN
(60 marks)

Q1. Answer any one (15 marks)

A. Unit one

Or

B. Unit one

Q2. Answer any one (15 marks)

A. Unit two

Or

B. Unit two

Q3. Answer any one (15 marks)

A. Unit Three

Or

B. Unit Three

Q4. Answer any one (15 marks)

A. Unit Four

Or

B. Unit Four